

LUNCH
BY
LIBELLE



Term 2, 2021

PURIRI WEEK

17/05-21/05

MONDAY

Lasagne & Peas

Dietary Alternatives:
GF, DF, NB, V, VE: GF, DF
Vegetarian Lasagne.

Snack: Yoghurt

Snack Dietary Alternatives:
DF, VE: Fruit Salad



TUESDAY

Chicken Wrap

Dietary Alternatives:
GF: GF Tortilla
V, VE: Smashed Chickpeas

Snack: Hummus, Corn
Chips & Carrot*fruit

Snack Dietary Alternatives:
None



WEDNESDAY

Rice Bowl with Chicken

Dietary Alternatives:
V, VE: Tofu

Snack: Vanilla
Cookie*fruit

Snack Dietary Alternatives:
None

THURSDAY

Beef & Cheese Sandwich

*kumara rosti & carrot sticks

Dietary Alternatives:
GF: GF Bread
V, H, NB: Egg & Cheese
DF: Chicken, VE Cheese
VE: Vegan Cheese & Relish
Sandwich and Rosti

Snack: Seasonal Fruit
or Muffin

Snack Dietary Alternatives:
GF, DF, DF: Coconut Blissbites

FRIDAY

Chicken Parmigiana & Roll

Dietary Alternatives:
V: Chickpea Fritter w Parm
VE: Chickpea Fritter w Napoli
DF: Roast Chicken w Napoli
GF, H: Roast Chicken w Parm
GF: GF Roll

Snack: Seasonal Fruit or
Muffin

Snack Dietary Alternatives:
GF, DF, DF: Coconut Blissbites

Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. *Senior students additional item.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.